

July was a world record breaking month!

- Cynthia Arnold, 34, from Polson, Montana, crushed the women's half marathon world record for pushing a triple stroller. Ms. Arnold ran a 1:29:08 at the Missoula Half Marathon on July 15 while pushing her three children ages 6 years, 3 years, and 11 months beating the previous record by almost 18 minutes! Photo at right, credit Deena Kastor (Twitter)
- Three world records were also set at the USATF Outdoor Masters Championships this past weekend!
 - Roy Englert, 95, broke the over-95 800 meter world record with a time of 5:58.15 beating the previous by almost 5 seconds
 - Charlie Allie, 70, broke the over-70 400 meter world record with a time of 59.18
 - William Platts, 90, broke the over-90 javelin world record with a throw of 31.46 meters
- An American Record was also set by Orville Rogers, 100, in the over-100 400 meter event with a time of 5:07.26 at the USATF Outdoor Masters Championships
- Kansas City athletes set new record for the fastest marathon distance done in relay. 60 sprinters came together to beat the old record (1hr 38 min) set in Japan in 1998. Each leg of the relay was 200 meters and each participant ran multiple times to complete the 26.2 miles.
- Eight national records were set on day 6 of the USATF Hershey Nation Junior Olympics. 6 of which were set in the 200m dash.
 - ◆ Sean Burrell beat his own national record of 20.90, which he had set earlier in the week, by running 20.85 which won him the national title for the 15-16 age group.
 - ◆ Kharisma Watkins set a new girls 8 & under national record by running her 200m dash in 28.21, which broke her previous record (28.86) she earlier in the week. Bella-Marie Black finished second, her time of 29.13 is the third fastest time ever in the 8 & under age group.
 - ◆ Adaejah Hodge felled a 26 year old American record in the girls 11-12 200m dash. She finished in 24.37 beating the previous time of 24.47. Payton Payne who finished second also broke the previous record by running her 200 in 24.43.
 - ◆ Rhoan Kaulder II also broke his own record in the boy 9-10 200m dash. His time of 25.64 during the finals broke his previous record of 25.69 set earlier in qualifying.
 - ◆ The Jackrabbit Track & Field Club set a new American record for 15-16 girl 4X100m relay with a time of 45.14. The previous record was 45.45 set in 2006.
- Although she didn't break a record Arielle McKenzie ran an extraordinary race in the girls 11-12 3000m. She won with a time of 10:18.11 which was 30 seconds faster than 2nd place.



Great job everyone who completed the second leg of the Triple Crown by completing the Haynes-Apperson 5k! The third and final leg of the Triple Crown will now be on August 25 to accommodate the change in schedule for the Running the Shores race. The 6 mile run will take place in Foster Park. Meet us by the tennis courts for an 8 a.m. start if you run/walk slower than a 10 minute per mile pace or an 8:30 a.m. start if your pace is quicker than 10 minutes per mile. For this event, you just have to complete the 6 miles! Every finisher will draw for placing to determine your points. Once again, there will be medals for the Triple Crown winners in each division!

We will provide donuts and water for participants. We encourage you to bring a small, inexpensive running or health related gift for an exchange. The placing you draw will also determine the order you select from the prize table!

-Dani & Tiffany

UNDER 20

Julyanne Spidell	5
Alex Studebaker	8
Brody Brack	8
Ben Weitzel	13

OPEN

Kelly Davis	2
-------------	---

MASTERS

John Brack	5
Paul Sanders	7
Max Elmore	7
Anne Hubbard	7
David Hughes	8
Vern Keller	12
Anna Rangel	13
Jim Gross	14
Bruce Savage	16
Sue Keller	22
Virgil Weitzel	24
Kelly Studebaker	24
Carol Savage	24



The picture at above was taken at the Walton Independence Day 5K. While not everyone made the picture, Club Kokomo had a great turnout with 27 members in attendance.

It was a hot race, but what a great way to celebrate America's 242nd birthday! Great job to everyone who competed.

Points of Interest:

On 7/7/18 Jenny Tudor did a Spartan Sprint race. She finished in 2:57:05. On 7/14/18 she did the Christmas in July Half marathon finishing in 3:43:50. Her favorite part is that the medal lights up!!



Dani and Johnathan McQuaide successfully completed the Bryce Canyon Half Marathon. Both with a time of 2:48.18. Dani said it was a beautiful course and a great way to spend her birthday!



Hannah Moore had a busy July competing in the USATF Junior Olympics. She Placed 5th in the regionals after qualifying at the state meet for the 1500m and 3000m. She recently competed at the Junior Olympic national Championships in Greensboro, NC. and placed 32nd in the nation for 13-14 year olds in the 3000m with a time of 11:45. Hannah was the youngest competitor in the age division and hopes to make it back next year.





CKRR Fun Run in the Park

Every Wednesday

Free to all!!

Run any distance you want!!

Highland Park @ 5:30PM

Registration located at concession stand



Coyote Kids



Coyote Kids has successfully completed its 15th year! Although we had to cancel 2 days because of mother nature we still had a great turn out this year. We had 504 pre-registered and 742 total registration.

The Awards Party was Thursday July 19th. We went through 95 pizzas and The Connection was packed the whole 2 hours. We gave out 176 participation trophies and 200 perfect attendance trophies. If you know anyone who still needs to pick up a trophy have them contact Robin Tetrault at coyotekids@gmail.com. We are beyond thankful for all of the volunteers who have made Coyote Kids possible for the last 15 years. We would also like to thank all off our sponsors for their support the last 15 years. See you all next year!

AUGUST BIRTHDAYS

- 8-1 Chari Deyoe
- 8-1 Alyssa Ramsell
- 8-1 Marianne Wilson
- 8-4 Warren Tierney
- 8-6 Jan Wall
- 8-7 Kobi Moore
- 8-10 Anne Hubbard
- 8-10 Sarah Hughes
- 8-11 Terri Jackson
- 8-11 Adriene Riggle
- 8-12 Phil Rozzi
- 8-15 Susan Gerhart
- 8-18 Jean Heflin
- 8-18 Haley Salinas
- 8-19 Stephanie Hughes
- 8-21 Debby Berkshire
- 8-21 Rocky Smith
- 8-22 Kevin Whitted
- 8-26 Kathy Snyder
- 8-28 Johnathan McQuaide
- 8-28 Billy Stanton

VOLUNTEERS NEED FOR H.E.S.P. ON SATURDAY SEPTEMBER 8, 2018

CLUB MEETING

MONDAY, AUGUST 13 @ 6 P.M. @ **CROSS AMERICA**
 N REED ROAD., KOKOMO, (ACROSS FROM GFS & MENARDS)
 SOCIAL HOUR @ 5P.M. SOFT DRINKS WILL BE PROVIDED

Member Profile: Robin Tetrault**How long have you been running/walking?**

I ran my first mile in Highland Park at the age of 45!

What made you start running/walking?

I wanted to get in shape and lose weight after having 6 kids.

Best athletic accomplishment and why?

Ray and I were planning on running a marathon in every state, but due to health issues we were not able to complete that goal. I did complete 26 marathons in 26 state, however!

If you like to race, what is your favorite race distance? Why?

I loved doing the full marathons of 26.2 miles! I loved the challenge of completing one! I was running 5 or 6 days a week preparing so I was always "marathon ready". Now I am happy to complete a half marathon of 13.1 miles!

Favorite local running route?

I love running on the trails from Highland to downtown and the Nickel Plate trail!

Favorite club race? Why?

The Thanksgiving Kokomo Cares race! It's for a GREAT cause and I love the "community" on Thanksgiving Day. I never get to run it because Ray and I direct it, but it is one of my favorite routes using Highland and the surrounding areas.

Favorite non-club race? Why?

Race for Grace because the weather is warm and the snacks and the give-aways are awesome! I like the challenge of THE HILL!

Favorite post run/walk treat?

Watermelon

What is your favorite piece of running/walking gear?

My waist pack for my phone & keys (I ALWAYS run with my phone for safety reasons) and my Garmin of course!

Favorite running related book or movie?

Prefontaine! I LOVE that movie!

If you could run/walk with anyone, who would it be?

My husband, Ray

**Why did you join CKRR?**

I wanted to become a part of a group to help me keep running after I started. Our family joined to make new friends as we were new to the area. Ray is a pastor and we wanted friends and interests outside of the church to share our faith and love for God with.

Anything else you'd like the CKRR members to know about you?

I work in the courthouse in the clerk's office where I am a supervisor. I have been there 22 years! Ray and I have 6 children and 12 grandchildren! We moved here from NY in 1995 to pastor a church in Kokomo. Club Kokomo has been a very special part of our lives for the people we have had relationships with along the way through this club. Ray and I started Coyote Kids with the help of volunteers from Club Kokomo Roadrunners, our kids, and sponsors we met in our community. My passion is running and encouraging folks to live a healthy life along with a passion for loving others and sharing my love for God and the difference He can make in a life dedicated to Him! Anyone can run or walk. It doesn't matter your speed, it only matters that you participate. Get involved with our club and it will CHANGE your life as you GIVE of yourself! I never dreamed Coyote Kids would have 15 successful years and is still going strong! Thank you to the club, our steering committee, and to all of you that volunteer to continue to make this a shining kids' program in our community!

2018 CKRR Race Schedule Changes since last newsletter, V—volunteer opportunities for club members.

Saturday August 4

Norris Converse 5K Run/ Walk

8am

Front of First Farmer's Bank, downtown Converse, In

\$8 advance/ \$10 day of

John Norris, RD

Saturday August 11

Forget Me Not 5K

8am

Waterford Place Health Campus 800 St. Joseph Dr. Kokomo, In

\$20 before August 4th, \$25 after August 5th

Joanna Bailey, RD

Saturday August 18

Running the Shores 5K Run/ Walk

8am

Champaign Shores, Co Rd 440 W & Lakeshore Dr, Kokomo

\$20 early registration

Todd Moser, RD

Saturday September 1

Steps to Recovery 5K Run/ Walk

8am

Gilead House, 406 E Sycamore St. Kokomo

\$20 early then \$25

Carol Savage, RD

Monday September 3

Blueberry Stomp 5K/ 15K

9am

Centennial Park, Plymouth, In

\$25 online before 8/5, \$30 paper before 8/5

bluberrystomp@gmail.com

Saturday September 8 **VOLUNTEERS NEEDED!!!**

HESP 5K Run/ Walk

8am

McKinley School, 1217 W. Carter St. Kokomo, In 46901

\$12 early then \$20

Saturday September 15

Fueled by Fire 5K

9am

216 N Main Street, Amboy, In 46911

\$25

<https://runsignup.com/Race/IN/Amboy/FueledbyFire5K>

Saturday September 22

Bee Bumble 5K/ 10K

8am

6th and Logan St. Burnettsville, In

\$30 early registration/ \$35 race day registration

Monticello Chamber of Commerce, RD

Saturday September 29

Saints on the Run 5K Run/ Walk

8am

St. Joan of Arc, 3155 Co Rd S 200 W. Kokomo

Heather Weber, RD

Saturday October 6

Cole Porter 5K/ 15K

9am

Circus Building, Broadway & 7th Peru

\$20 early/ \$25 day of

Jim Yates, RD

Saturday October 13

Red Gold Run to Crush Hunger 10K/ 5K

10 K 9:30 am / 5K 9:45am

St. Joseph Center 1306 South A Street, Elwood, In

10K before 10/10/18 \$40 after \$45/ 5K \$30 before \$35 after

10/10/18 Also have Group Rates

<http://www.redgold5krun.com>

Saturday October 27

Chili Chase 5K/ 10K

10am

East Point Bible Church 1540 Paw Paw Pike, Peru, In

\$15 with shirt, \$25 with a shift

Jamie Laycock

Sunday November 4

Run the Mounds

2pm

4306 Mounds Road, Anderson, In 46017

\$20 before 10/18, Students \$5

<http://www.andersonroadrunners.org/>

Saturday November 10

CK Charity Run 5K— V

9am

McKinley School, 1217 W Carter St. Kokomo

Free Will Donation

Jeannie Townsend, RD

Thursday November 22

CK Cares 5K Run/ Walk

8am

Rogers Pavilion Highland Park, Kokomo

\$10

Ray & Robin Tetrault; Mark Shorter, RD

Saturday December 1

Rudolph 5K Run/ Walk

8am

Kokomo Public Library, 220 N Union St Kokomo

\$20 early/ \$25 late, family discounts available

Monday December 31

CK NY Eve 5K Run/ Walk— V

2pm

Rogers Pavilion, Highland Park, Kokomo

\$5 member/ \$8 non-members

Ashley Shanks, RD



As Seen on My Run...

"The Bryce Canyon Half Marathon was breath taking! And not just because of the high elevation.

Sunrise over the canyon during the early miles was beautiful!"

-Dani McQuaide

RACE RESULTS

Walton Independence 5k 7/4/18

1 Kory Kennedy 17:27.0

2 Bailey Scott 18:12.1
 3 Parker Jones 18:38.9
 4 Kyle Army 19:01.5
 5 Scott Colford 19:30.4
 6 Noe Ortiz 19:35.2
 7 Jasen Coldiron 19:40.4
 8 Byron Bundrent 19:51.4
 9 Trey McCartney 20:10.3
 10 Ryan Buck 20:16.7
 11 Lexi Jackson 20:36.7 1st Female
 12 Noe Dominguez 20:56.4
 13 Michael McMahan 21:00.7
 14 Edison Byrum 21:07.7
 15 Pablo Morales 21:26.2
 16 Makenna Leicht 21:53.8
 17 Rebekah Lloyd 22:07.9
 18 Hunter Mundy 22:16.1
 19 Ashton Hackman 22:24.2
 20 Amy Cunningham 22:41.3
 21 Mackie McCartney 22:46.0
 22 Kailin Bauman 22:52.3
 23 Brent Taylor 22:57.8
 24 Jess McCarty 23:03.5
 25 Enoch Hines 23:06.3
26 Haley Salinas 23:10.2
 27 Manuel Torres 23:11.8
 28 Bill Bauman 23:13.9
 29 Mandy Hall 23:21.5
 30 Christopher Smith 23:33.1
 31 Emily Tigler 23:33.3
 32 Jonathan Lantz 23:55.4
 33 Jackson Baker 24:07.3
 34 Liberty Scott 24:07.7
 35 Delaney Zeck 24:13.7
 36 Kelly Clothier 24:20.6
37 Alivia Ford 24:20.9
 38 Kyla Mennen 24:22.6
 39 Brooke Jenkins 24:29.8
 40 Daniel Baker 24:53.0
 41 Ashley Baber 24:58.1
 42 Charles Ladow 25:01.3
 43 Dayne Hill 25:09.3
44 Tami Moore 25:10.9
 45 Kim Grogg 25:16.7
 46 Thomas McEvily 25:20.3
 47 Cole McClockey 25:21.5
 48 Baylie Bryan 25:33.5
 49 Ian Snoeberger 25:34.0
 50 Brent Weaver Jr. 25:39.2
 51 Levi Holder 25:40.0
 52 Angela Downhour 25:43.3
 53 Leslie Guy 25:57.8
 54 Ben Hufford 26:03.5
 55 Ashlynn Runyon 26:11.2
 56 McKenna Moore 26:11.3
 57 Brent Weaver 26:13.1
 58 Kevin Graf 26:19.4
 59 Joe Mercin 26:34.1
 60 Morgan Minnick 26:35.3
 61 Brad Widner 26:41.9
 62 Jesse Brown 26:43.3
63 Max Elmore 26:46.6
 64 Denise Rush 26:50.0
 65 Jacob Ledonne 26:50.6
 66 James Peterson 26:52.2

67 Cameron Reinhart 26:56.4

68 Sam Williamson 27:08.3

69 Kirk Kennedy 27:17.7

70 Jeffery Wright 27:21.1

71 Anna Rangel 27:46.5**72 Mark Shorter 27:55.5**

73 Michelle Ludlow 28:05.6

74 Bethany Kirkwood 28:05.9**75 Brittiani Gillem 28:07.0**

76 Nia Maroney 28:18.2

77 Brady Jones 28:20.0

78 Josie Woolever 28:22.1

79 Odessa Vest 28:24.2

80 Andrea Baker 28:28.9

81 Scott Deyoe 28:29.1

82 Shae Hildebrand 28:37.1

83 Jackie Wiles 28:38.2

84 Braxton Armstrong 28:38.7

85 Gwen Grimes 28:41.1

86 Tiffany Massey 28:41.8

87 Amy Scott 28:49.6

88 Macee Baker 28:51.8

89 Mark Scott 28:51.8

90 Jonny Jenkins 28:52.2

91 Caleb Eller 28:52.4

92 Keith McAndrews 28:53.0

93 Michael Porter 28:56.5

94 Crystal Erickson 29:14.2

95 Blake Guy 29:24.0

96 Kevin Kruger 29:39.7

97 Kara Riley 29:46.0

98 Cynthia Stawaski 29:51.2

99 Melissa Stewart 29:51.3

100 Jacob Rodabaugh 30:06.1

101 Tori Wagoner 30:16.4

102 Lisa Minnick 30:17.1

103 Daniel Minnick 30:25.1

104 Jennifer Deeter 30:27.1

105 Sally Young 30:27.8

106 Ethan Hunt 30:42.9

107 Kaitlyn Hufford 30:44.7

108 Jason Rush 30:48.4

109 Sarah Schroder 30:49.8

110 Kathryn Szalay 31:11.8

111 Mackey Wiles 31:27.7

112 Christina Elpers 31:32.0

113 Oliva Packard 31:52.0

114 Brian Stavroff 31:59.8

115 Arlenne Mellan 32:09.9

116 Lois Shoup 32:14.5

117 Dave Britton 32:15.5

118 Zach Grogg 32:18.4

119 Jenna Mundy 32:27.3

120 David Roberts 32:30.1

121 Emma Nelson 32:34.6

122 Hilda Ellington 32:36.3

123 Darla Mertens 32:37.3

124 Koltun Young 32:54.7

125 Keith Kruger 33:10.4

126 Matt Minnick 33:11.4

127 Taylor Schmitt 33:14.2

128 Kristin Wilson 33:21.4

129 Jennifer Coldiron 33:28.5

130 Amber Garrison 33:49.4

131 Denny Sipe 33:56.0

132 Jonathan Eller 34:01.8

133 David Hughes 34:05.7

134 Beth Silence 34:10.2

135 Warren Tierney 34:11.9

136 Patrick Barber 34:15.6

137 Nathan Moore 34:19.0

138 Ashley Moore 34:19.7

139 Katie Bright 34:39.1

140 Haley Ramer 34:42.5

141 Mike Deardorff 35:05.9

142 Amber Woolever 35:14.3

143 Aleigha Rodabaugh 35:18.6

144 Brian Stawski 35:28.4

145 Erin Deichman 35:43.0

146 Talee Hardin 35:43.2

147 Laura Heflin 35:50.5

148 Isabelle Woolever 36:02.7

149 Olivia Schroder 36:20.6

150 Matthew Colford 36:29.0

151 Cailyn Colford 36:29.2

152 Jasmine Schlick 36:30.5

153 Stephen Wilson 37:27.4

154 Heather Connell 37:31.1

155 Sally Markham 38:06.6

156 Johnathan McQuaide 38:09.8**157 Danielle McQuaide 38:10.1**

158 Lindy Deeter 38:14.5

159 Rocky Ellis 38:27.6

160 Tara Grigsby 38:45.2

161 Lynette Baber 38:45.8

162 Pa, Graf 38:56.8

163 Cara Mills 39:17.4

164 Beth Justice 39:38.3

165 Marianne Wilson 40:16.5**166 Ricke Stucker 40:27.9**

167 Veronika Malott 40:36.6

168 Alisha Ragle 41:10.9

169 Jodie Schmitt 41:32.8

170 Jessica Reinhart 41:51.2

171 Laura Austen 42:09.6

172 Jessica Bell 42:16.2

173 Josh Skinner 42:26.6

174 Cara McKellar 42:34.4

175 Bailey Young 42:40.6

176 Val Young 42:43.3

177 Laurie Keeler 43:07.5

178 Mandy Angle 43:22.5

179 Paul Bauer 43:23.5

180 Vernon Keller 43:25.7

181 Angel Woolever 43:29.9

182 Kelly Studebaker 43:55.6**183 Kelsey Koon 44:02.0**

184 Ryan Duffy 47:51.6

185 Karen Waisner 48:00.1

186 Dan Angle 49:39.2

187 Alex Studebaker 49:40.5

188 Natasha Spencer 49:46.8

189 Jean Heflin 50:28.0**190 Sue Keller 50:42.7****191 Katrina Wise 51:07.9**

192 Larry Cunningham 51:34.4

193 Alex Nicoll 54:27.8

194 Tina Nicoll 54:28.2

195 Marsha Bullock 54:34.2

196 Stephanie Buffum 54:35.2

197 Melissa Mennen 54:40.3

Haynes Apperson 5K Run/Walk July 7, 2018

Runners

1 Joshua Everetts 16:44
2 Kory Kennedy 17:15
 3 Corey Dea 18:16
4 Brody Brack 18:52
 5 Paul Bickel 18:58

6 Noel Shafer 19:05

7 Jerry Williams 19:17
 8 Pete Bradshaw 19:26
 9 Isaiah Wittenberg 19:27
 10 Caleb Vogl 19:38
 11 Scott Colford 19:52
 12 Drew Finley 20:20
13 Dana Neer 20:25
 14 Steve McDorman 20:27
 15 Phil Vogl 20:52
 16 Christian Daugherty 21:20
17 Paul Sanders 21:31
 18 Casey Lechner 21:31
 1st Female
 19 Nick Aukland 21:36
20 Ella Kantz 21:51
21 Julyanne Spidell 21:55
22 Amy Shafer 21:56
 23 Skip Stinson 22:14
 24 Natalie Nicholson 22:14
25 Elizabeth Smith 22:18
 26 Cade Shock 22:25
27 John Brack 22:48
28 Ryan Small 22:58
 29 Branson Mink 23:02
 30 Aaron Dea 23:37
31 Ronnie Greene 23:44
32 Alivia Ford 23:50
 33 Emma Marley 23:59
 34 Diana Jones 24:12
 35 John Anderson 24:12
 36 Trey Shock 24:16
37 Anne Kantz 24:24
38 Phil Rozzi 24:35
39 Tami Moore 24:50
 40 Lacey Faussett 24:59
41 Kayla Bullock 25:09
 42 Gary Callahan 25:10
43 Shelly Wyman 25:20
44 Paul Wyman 25:20
 45 Madison Dotlich 25:28
 46 John King 25:29
 47 Anthony Johnson 25:46
 48 Caden Lechner 25:49
 49 John Froman 26:08
 50 Nicci Frazier 26:16
 51 Rudy Suryantoro 26:22
52 Kirk Kennedy 26:26
 53 Doug Daugherty 26:42
 54 Charlie Reynoso 26:44
 55 Britney Holder 26:45
56 Max Elmore 26:48
57 Scott Deyoe 26:57
 58 Kelsey Weber 27:05
 59 Heather Weber 27:05

Running a Half Marathon,
Marathon, or Ultra this year?

Don't forget to send your
results to the Editor within
two weeks of completing the
race to get your points! Re-
sults can be sent to:
editorckrr@gmail.com

RACE RESULTS**Haynes Apperson Cont.**

75 Jacob Trueblood 28:29
 76 Joann Quinnette 28:42
 77 Frank Greene 28:50
 78 Steve Kincaid 28:51
79 Kelly Davis 28:52
80 Bethany Kirkwood 28:55
 81 Michelle Ludlow 28:56
 82 Angie Gollner 28:59
83 Brittiani Gillem 29:41
84 John Peters 29:46
 85 Charlie Hastings 29:54
 86 Keith Kruger 30:54
 87 Darla Mertons 31:44
 88 Brittany Lake 32:23
89 Ann Hubbard 32:39
 90 Beth Silence 32:40
 91 Michael Lake 32:44
92 Johnathan MaQuaide 33:04
 93 Kasey Wall 33:35
 94 Mick Eberle 33:43
 95 Myra Trueblood 33:58
96 Laura Heflin 34:05
 97 Amanda Phalen 34:42
 98 Sara Greene 34:51
99 Danielle McQuaide 35:17
 100 John Myers 35:48
101 Bruce Savage 36:20
102 David Hughes 36:39
 103 Maria Cline 37:01
 104 Nanoy Anderson 37:02
 105 Beth Justice 37:35
 106 Breann Cantrell 37:54
107 Gretchen Riggie 38:14
 108 Virgil McCool 38:18
109 Robin Cole 38:31
 110 Anita Frazier 39:06
 111 Faith Phalen 39:55
 112 Matt Phalen 39:59
 113 Daniel Sutherland 40:36
114 Kelsey Koon 40:57
115 Alex Studebaker 41:33
116 Virgil Weitzel 41:43
117 Kelly Studebaker 42:11
118 Ben Weitzel 42:16
 119 Laurie Keeler 43:00
 120 Brandie Pickett 43:09
121 Debbie Beachy 43:25
 122 Unknown 44:37
 123 Lisa Bickel 45:56
124 Carol Savage 49:39
125 Jennifer Van Horn 49:40
 126 Jonah Trueblood 49:43
 127 Josih Trueblood 50:07
 128 Drew Mitchell Unknown
 129 Kelly Mitchell Unknown

Walkers

1 Vince Lorentz 28:15
 2 Ezekiel Zimmerman 29:34
3 Mary Miller 35:36 1st Female
4 Greg Wall 37:21
 5 Mike Laughner 38:35
6 Kayla Hudson 39:43
7 Vern Keller 39:50
8 Toney Lorenz 39:56
9 Jim Gross 40:41
 10 Brenda Olsen 41:11

11 Elissa Hughes 42:08
12 Debby Berkshire 42:12
13 Bob McBride 42:23
 14 Phil Leuck 42:52
15 Jan Wall 42:59
 16 Kim Lowry 44:12
 17 Gary Quinnette 44:35
 18 Paula Hicks 45:03
 19 Cole Kucholick 45:03
 20 Peter Thompson 45:16
21 Robin Michael 45:18
 22 Sherry Thompson 45:57
 23 Josiah Leuck 46:21
24 Atha Dillman 47:49
25 Jean Heflin 48:53
 26 Connie Higginbottom Unknown
 27 Debbie Whitney 50:07
 28 Tammy Mohr 51:05
 29 Cindy Burris 51:06
 30 Jennifer Burris 51:07
 31 Julie Kilcline 51:07
 32 Steve Longnecker 52:13
 33 Mary Ingram 52:15
34 Sue Keller 52:36
35 Bob Cupp 52:38
36 Betty Yard 56:00

**Race For Grace 5K
7/14/18****Runners**

1 Kory Kennedy 17:26
 2 Tyler Gellinger 19:24
 3 Scott Easley 20:00
 4 Noe Ortiz 20:39
 5 Michael McMahan 20:58
 6 David Rhodes 21:36
 7 Jesus Ramirez 21:54
8 Paul Sanders 22:02
 9 Manuel Torres 22:18
 10 Steve Sims 22:20
11 Elizabeth Smith 22:21 1st Female
 12 Cecilio Martinez 22:22
 13 Brian VanSoest 23:06
 14 Ashley Brown 24:21
 15 Angie Brown 24:23
 16 K. C. Simms 24:25
 17 Julie Rausch 24:28
18 Phil Rozzi 24:30
 19 Chuck LaDow 24:49
 20 Daniel Baker 25:01
 21 Kim Grogg 25:07
 22 Angela Downhour 25:31
 23 Doug Watson 25:43
24 Kirk Kennedy 26:17
 25 Carlos Agulie 26:58
26 Max Elmore 27:05
 27 Sydney Thomas 27:12
 28 Zack Grogg 27:20
 29 Julie Morris 27:26
 30 David Morris 27:27
31 Tiffany Massey 27:29
32 Scott Deyoe 27:32
 33 Andrea Baker 27:34
34 Keith McAndrews 27:36
35 Anna Rangel 27:42
 36 Dan Minnick 27:57
37 Aaron McQuiston 28:12
38 Scot Hamilton 28:26
39 Mark Shorter 28:40
 40 Lisa Minnick 29:07

41 Joe Stetz 29:31
 42 Charlie Hastrings 29:58
43 Brittiani Gillem 30:01
 44 Sarah Miller 30:09
45 John Peters 30:36
 46 George Franklin Jr. 32:19
 47 Jeff Saylor 32:30
 48 Jennifer True 32:30
 49 Beth Silence 32:31
50 Ann Hubbard 32:36
51 Michael Graham 32:56
52 Norm Snyder 33:53
53 Laura Heflin 33:54
54 Kathy Snyder 35:34
 55 Heather Connell 35:42
 56 Emma Nelson 36:10
57 Robin Tetrault 36:10
58 David Hughes 36:16
59 Riley Case 37:08
60 Rickie Stucker 37:36
 61 Beth Justice 37:39
 62 Tona McIntyre 37:46
63 Robin Cole 38:14
 64 Matt Minnick 38:25
 65 Lynette Baber 38:36
 66 Kelsie Ellington 38:51
 67 Brad Thomas 38:55
 68 Scott Ellington 39:41
 69 Heather Morris 39:46
 70 Deb Taylor 42:09
 71 Laurie Keeler 42:23
 72 Lois Stevens 44:26
73 Dale Sullivan 46:17
 74 Roger Baber 48:32
75 Alex Studebaker 54:26
76 Kelly Studebaker 54:43

Walkers

1 Vince Lorenz 29:14
2 Mary Miller 35:07 1st Female
3 Stephen Wilson 37:29
 4 Mackenzie Ruff 38:04
5 Sherry Kestle 38:51
6 Kayla Hudson 39:28
7 Marianne Wilson 40:04
 8 Barbie Ruff 40:54
 9 Kevin Mast 51:53
10 Toney Lorenz 43:16
11 Bob McBride 43:16
12 Anita Dillman 48:06
13 Debby Berkshire 48:06
 14 Christy Robertson 51:21
 15 Carmen Hershberger 51:23
 16 Nancy Baker 54:17
 17 Lindsay Prifogle 54:21
 18 Janet DeLawter 54:33
19 Betty Yard 54:41
 20 Dick Sims 55:09
 21 Christine Williamson 55:13
 22 Cassie Looker 57:01
 23 Greg Abbot Jr. 57:01
 24 Carrie Ruel-Flores 1:06:24
 25 Boone Sumantri 1:06:25
 26 Linda Shaffer 1:06:32

**Panther Prowl 5K Run
7/21/18****Runners**

1 Brennan Butche 16:11
 2 Bailey Scott 17:37

3 Brody Brack 18:01
 4 Brayden Curnutt 18:07
 5 Parker Jones 18:12
 6 Paul Loomis 18:51
 7 Pete Bradshaw 19:16
 8 Byron Bundrent 19:23
 9 Joseph Packard 20:10
 10 Taylor Rathbun 20:26
 11 Zac Cline 21:12
 12 Isaiah Wittenberg 21:39
 13 Makenna Leicht 21:57
 14 Natalie Nicholson 21:59
 15 Olivia Lushin 22:04
 16 Hannah Lushin 22:58
17 Alivia Ford 23:16
18 John Brack 23:31
 19 Ken Pangle 24:00
 20 Jeff Bennington 24:02
 21 Britney Holder 25:59
 22 Karly Lechner 26:23
 23 Naomi Packard 26:23
24 Tiffany Massey 26:37
 25 Tyler Curnett 26:39
26 Kirk Kennedy 26:45
 27 Emma Kahn 27:06
 28 Kourtney Lechner 27:31
29 Scott Deyoe 27:37
30 Brittiani Gillem 27:52
31 Max Elmore 27:56
 32 Gwen Grimes 28:29
33 Mark Shorter 29:03
 34 Mady Brown 29:36
35 John Peters 29:45
 36 John Myers 30:02
 37 Gracie Freeman 30:13
 38 Sabrina Powell 30:50
39 Laura Heflin 32:50
40 Ann Hubbard 32:54
 41 Mick Eberle 33:00
42 Robin Tetrault 34:55
43 Robin Cole 37:56
44 David Hughes 37:59
45 Ricke Stucker 38:33

Did you know?

- In the late 19th century, running was called "pedestrianism."
- The treadmill was originally designed for English prisons as a tool for punishment.
- Humans can outrun almost every other animal on earth over long distances.

Taken from: Factretriver.com

RUNNERS**FEMALE****0-12**

Kantz, Ava 40-2
Hughes, Sarah 35-2
Riggle, Gretchen 35-2
Wright, Bella 20-1

13-19

Smith, Elizabeth 139-8
Salinas, Haley 75-4
Ford, Alivia 45-3
Kantz, Ella 40-2
Spidell, Julynne 35-2 H
Shanks, Arianna 20-1
Ramsell, Maddie 15-1
Wyman, Sophia 15-1
Bullock, Kayla 9-1

25-29

Kirkwood, Bethany 15-6 UM
Gillem, Brittiani 85-5
Koon, Kelsey 79-5 H
Davis, Kelly 20-1

30-34

Massey, Tiffany 240-12 H
Heflin, Laura 175-11 HV
Hudson, Kayla 107-8
Snyder, Valerie 20-1 H

35-39

McQuaide, Danielle 220-11 HH
Tudor, Jenny 205-12 HH
Shanks, Ashley 40-2

40-44

Shafer, Amy 140-7 MHH
Van Horn, Jennifer 52-3 HH
Kantz, Anne 30-2
Wright, Kelly 20-1

45-49

Beachy, Debbie 55-3 H
Wyman, Shelly 40-2
Brack, Staci 15-1

50-54

Moore, Tami 100-5 HH
Savage, Carol 70-4
Neer, Joni 40-2

55-59

Studebaker, Kelly 198-13 HV
McKellar, Cara 160-8 HV
Hubbard, Anne 145-8
Snyder, Kathy 97-6 HH
Stucker, Jayne 20-1 V

60-64

Rangel, Anna 220-11 H
Tetrault, Robin 115-7
Taylor, Deb 72-5
Sandifur, Lorene 20-1
Boles, Vicki 12-1

65-69

Cole, Robin 160-8
Smith, Judy 20-1
Townsend, Jeannie 20-1 V

70-74

Gerhart, Susan 20-1

RUNNERS**MALE****0-12**

Snyder, Ethan 100-5 H
Snyder, Owen 20-1
Weitzel, Ben 20-1

13-19

Studebaker, Alex 205-12 V
Brack, Brody 120-6
Hughes, Jonah 40-2

25-29

Kennedy, Kory 160-8 H

30-34

Kennedy, Kirk 160-8H

35-39

McQuaide, Johnathan 190-10 HH
Snyder, Mat 120-6 H
Anderson, Michael 30-1 RD

40-44

McQuiston, Aaron 20-1

45-49

Brack, John 100-5
Small, Ryan 75-4 H
Hill, Keith 35-2 V
Wyman, Paul 27-2
Riggle, Scott 15-1
Weitzel, Virgil 10-1

50-54

Shafer, Noel 180-9 MHH
Graham, Michael 112-6 VV
Neer, Dana 70-4 H
Beachy, Tony 35-2 H

55-59

Deyoe, Scott 161-10 MHH
Sanders, Paul 1215-7
Tierney, Warren 117-7 HVV
Andrews, Don 100-5 H
Rozzi, Phil 89-6 H
Savage, Bruce 54-4
Bruce, David 20-1

60-64

Elmore, Max 235-13 HH
Deardorff, Mike 135-7 H
Snyder, Norm 99-7 HH
McAndrews, Keith 97-6 H
Tetrault, Ray 20-1 V
Townsend, Greg 20-1 V
Hamilton, Scott 12-1

65-69

Shorter, Mark ?
Greene, Ronnie 100-5 MH
Chew, Fred 20-1
Smith, Rocky 20-1
Skoog, Charlie 12-1

70-74

Hughes, David 235-12 H
Stucker, Ricke 115-7 V

75-79

Peters, John 120-6
Sullivan, Dale 15-1

80+

Case, Riley 60-3

WALKERS**FEMALE****40-44**

Wise, Katrina 100-5

50-54

Tierney, Felicia 100-5 HVV
Kestle, Sherry 60-3 HH

55-59

Miller, Mary 220-11 H
Wilson, Marianne 145-9
Heflin, Jean 105-8 V
Berkshire, Debby 79-5 HH

60-64

Yard, Betty 180-9

65-69

Wall, Jan 140-7H
Keller, Sue 125-7

70-74

Dillman, Anita 120-6 HH
Brown, Diana 20-1 V

MALE**30-34**

Lorenz, Vince 160-8 H

55-59

Whitted, Kevin 80-4

65-69

Wilson, Stephen 155-9
Wall, Greg 135-7 H

Lorenz, Tony 129.5-9 H

Keller, Vern 97.5-6 RD
Michaels, Robin 82-7

70-74

McBride, Bob 140-7
Stinchcomb, Floyd 20-1

75-79

Gross, Jim 60-3
Coughlin, Dan 20-1 V

Mohr, John 20-1

80+

Cupp, Bob 20-1

Don't forget to turn in Ultras, Half Marathons, and marathon information to the editor to get your points! Send emails to: editorckrr@gmail.com

CKRR CLUB MEETING JULY 9, 2018

On July 9, 2018 the meeting was called to order a 6pm by Vice President Vern Keller

1. Prayer by Carol Savage
2. Scott Deyoe made a motion to accept minutes. Jeannie Townsend 2nd, motion carried.
3. Treasurer's report given by Mark Shorter
4. Old Business
 - a. Anyone interested in purchasing leftover Club Haynes shirts contact Patty Weitzel.
5. New Business
 - a. The Haynes Apperson 1 mile run has been cancelled for next year.
 - b. Todd Mosier for Runnin' the Shores has requested to use our equipment. Carol Savage made a motion to rent them our equipment. Vicki Boles 2nd. Motion carried.
 - c. Steps to Recovery has requested to use our equipment. Jeannie Townsend made a motion to rent them our equipment. Bruce Savage 2nd. Motion carried.
 - d. Saints on the Run has requested to use our equipment. Vicki Boles made a motion to rent them our equipment. Dani McQuaide 2nd. Motion Carried.
 - e. Vicki Boles made a motion to do a \$200 sponsorship to H.E.S.P. Carol Savage 2nd. Motion carried.
 - f. Vicki Boles made a motion to do a \$200 sponsorship to Saints on the Run. Greg Townsend 2nd. Motion carried.
 - g. Discussion on Hall of Fame members not being on website, along with club age group time records.
 - h. Volunteers need for H.E.S.P. on Saturday September
6. Meeting Adjourned.

Those present were: Tiffany Massey, Scott Deyoe, Jenny Tudor, John Wiles, Vicki Boles, Jeannie Townsend, Greg Townsend, Vern & Sue Keller, Bruce & Carol Savage, Dani McQuaide and Mark Shorter.



CLUB KOKOMO ROAD RUNNERS

2936 Congress Drive, Kokomo, IN 46902

We're on the WEB—
www.ClubKokomoRoadRunners.com
 Facebook—Club Kokomo Roadrunner
 Contact the editor— editorckrr@gmail.com

